



Emory Wellness & Support Resources

This guide is intended to assist students, faculty members, and staff in quickly identifying appropriate campus resources to meet individual student needs. Each bullet represents a service offered by the office listed at the top. Use hyperlinks to navigate to websites to learn more.

****In the case of an emergency, please call Emory Police at 404-727-6111 or 911.***

Counseling and Psychological Services- CAPS (404-727-7450)

- **Counseling Services**
 - **Individual counseling sessions** – up to 8 free sessions with a CAPS counselor/academic year (if clinically appropriate),
 - **Drop-in consultation sessions- “Let’s Talk” Program**- an informal, free, confidential consultation service with a clinician. Consultations are typically 15-minutes and are not a substitute for individual counseling.
 - **Group counseling**- interpersonal process, identity-based, and topic-specific groups offered each term,
 - **Couples counseling**- if both partners are Emory enrolled students
 - **Crisis Walk-in Appointments**, M-F, 8:30 am-3:30 pm (walk-in appts. do not count towards 8 scheduled sessions)
- **Drop-In Workshops**- unlimited, single-topic, group workshops
- Skills Groups- **Stress Clinic and Coping with Difficult Thoughts & Feelings**
- **Referrals to off-campus providers**- use the Thriving Campus platform to search for off campus providers that meet your specific needs and preferences
- **TimelyCare**- 24/7 free TalkNow services (anytime, anywhere) and free scheduled counseling (up to 12 sessions).

Student Case Management and Intervention Services- SCMIS (404-727-4193)

- **Student Intervention Services (404-430-1120)**
 - **To receive immediate help for a student in distress**, faculty, staff, and students can speak to a clinical social worker 24/7 by **calling 404-430-1120**.
 - To request a consultation for students needing **assistance related to any concern** including those from isolation and quarantine, faculty, staff, and students can **e-mail sisteam@emory.edu, or submit a student of concern form**. Emails and forms will require time for routing and response.
- **Food Pantry**
 - SCMIS Eagle Food Co-op has partnered with Bread Coffeehouse to offer a food pantry and hygiene items free of charge to all Emory students
 - Fill out an **[appointment and dietary restrictions form](#)** 24 hours ahead of the desired pick-up time
 - For questions contact Co-op Coordinator, Kierra Adams - kierra@breadcoffeehouse.org or eaglefoodcoop@breadcoffeehouse.org
- **Food Security Safeguard Program**
 - The Food Security Safeguard Program (FSSP) in partnership with Student Case Management and Intervention Services is designed to assist any Emory undergraduate or graduate students with immediate food security needs on the Atlanta campus
 - Fill out an **[FSSP request](#)** to receive three meal swipes at Dobbs Common Table

Student Health Services (404-727-7551)

- **On-campus health care providers** for multiple **physical health specialties** and **psychiatric services**. Accept Emory University Student Health Insurance Plan (EUSHIP)
- **Emory Student Telehealth** (833-484-6359; *online login will be more direct*)

- Provided by TimelyMD
- Available to students anywhere in the world
- **Virtual health appointments**
- **Mental health** professionals available **24/7** via TalkNow

Office of Spiritual and Religious Life (404-727-6226)

- **Connect to Communities**: Emory offers a diverse array of spiritual traditions on campus and in the vibrant interfaith city of Atlanta.
- Office of Spiritual and Religious Life offers **Programs**, **Services**, and **Sacred Spaces** to the Emory community, and they are here to support religious and philosophical communities and interfaith engagement.

Office of Health Promotion (404-727-1000)

- **Alcohol** and **substance use** education and resources for students for their use or for students who are concerned about a friend, roommate, or loved one
- **Mental well-being** programs, education, and resources specifically on mindfulness and sleep improvement
- **Sexual health** education, resources, and services including safer sex supplies and free HIV testing

Office of Respect (24 Hour Hotline: 470-270-5360)

- **Help, advocacy, and support** for students impacted by **sexual harassment, sexual assault, or partner violence**
- **Training, programs, and events** to educate the Emory community on **sexual harassment prevention**

Office of Diversity, Equity, and Inclusion (404-727-9867)

- Title IX Coordinator for Students (404-727-4079)
 - **Report sexual harassment and misconduct** that may violate Title IX law and Emory policy
 - Impacted parties can **learn about formal and informal resolution options**
- **Department of Accessibility Services** (404-727-9877)
 - Request a consultation for **accommodations, including short term or injury-related accommodations**

Bias Incident Reporting

- **Report language or action that demonstrates bias** against one's protected characteristics. Bias incidents include, but are not limited to, name-calling, stereotyping, belittling, or excluding others based on their identity. Some, but not all, bias incidents may rise to the level of discriminatory harassment, sexual misconduct, or other violations of policy or law.

Ombuds Office (404-727-1531)

- **Assistance navigating interpersonal conflicts**, improprieties, or unfairness as well as guidance on University policy and procedure about the issue
- **Informal mediation** through facilitated discussions for individuals experiencing interpersonal issues

Financial Resources

- **Laney Graduate School Emergency Loan**
- **Student Hardship Fund**: Provides up to \$500 to students for needs due to catastrophic events
- **Office of Financial Aid**

Find **additional resources for student wellness and support at the following sites:**

LGS **"Student Support Services"** webpage

Campus Life **"Get Support"** webpage

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